

## Diabetes Online Refresher

Two linked facilitated courses with individual quality improvement initiatives

**Improving health  
through knowledge  
and know how**

**Delivery:**

Facilitated online group sessions

**Cohort 1**

Session 1: 28 June 2021

Session 2: 9 August 2021

**Cohort 2**

Session 1: 29 June 2021

Session 2: 10 August 2021

**Cohort 3**

Session 1: 10 August 2021

Session 2: 28 September 2021

**Cohort 4**

Session 1: 11 August 2021

Session 2: 29 September 2021

All sessions will run 10.30 – 12.30

**Find out more:**

Please get in touch with your name, practice borough and your choice of cohort in preference order.

**Email:**

[igpf.nurseleads@nhs.net](mailto:igpf.nurseleads@nhs.net)

**Please provide these details by no later than:**

Cohorts 1 and 2: 7 June 2021

Cohorts 3 and 4: 19 July 2021



### Update your diabetes skills and share best practice

Please note – this package is aimed at learners who already have experience with patients with Diabetes, to support them to refresh their skills. If you are new to working with patients with Diabetes, please have a look at our Level 5 short course.

Led by an experienced clinical specialist and facilitator, these highly interactive sessions will enable you to update your clinical practice by:

- Discussing and reviewing best practice models
- Identifying and researching interdependencies specific to your own practice population, e.g. supported self-care and behaviour change; metabolic syndrome; prevention strategies; reducing cardiovascular risk; foot pathology
- Undertaking peer assessment to help support new initiatives and embed knowledge
- Understanding and developing your leadership skills

### Outcomes:

- An understanding of best practice models and how to implement these
- How to apply national and local guidelines
- How to understand the needs of your practice population and take positive action
- The completion of a service improvement initiative for your practice

This is a series of two 2 hour facilitated online workshops with research and quality initiatives to be undertaken between sessions. It combines group discussions, peer review and best practice development.

These sessions are highly interactive, based on the specific needs of the individuals and group; led by an experienced facilitator and clinical specialist. Familiarization of national guidance along with any local formularies and guidelines will be an asset.